



February 27
Eat Lunch

Exercise Daily

Look For
WG whole Grain
FF fat free

Make 1/2 your tray
Fruit &
Vegetables

March 1
WG mac n cheese WG roll
Chicken Burgers W/ WG Bun
Fruit & Veggies Fresh and canned
1% Milk, FF chocolate
Or Vegetarian Option

March 4
Hot Dog with WG Bun
Chicken Nuggets w/ WG breading
Ranch , BBQ Sauce & Baked beans
Fruit & Vegetables Fresh & canned
1% Milk, FF chocolate
Or Vegetarian Option

March 5
Cheese Burger w WW Bun
Macho Nachos
Fruit & Veggies Fresh and
1% Milk, FF chocolate
Or Vegetarian Option
March Birthday Brownie

March 6
BIG DADDY'S ASSORTED PIZZA
Fruit & Vegetables Fresh and canned
1% Milk, FF chocolate
Or Vegetarian Option

March 7
Grilled Cheese Sandwich
Cherry Blossom Chicken over Rice Fruit
& Veggies Fresh and canned
1% Milk, FF chocolate
Or Vegetarian Option

March 8
WG Burrito and Salsa
BBQ PULLED PORK On WW Bun
Fruit & Vegetables Fresh &canned
1% Milk, FF chocolate
Or Vegetarian Option

March 11
Deep Dish Pizza
Chicken Nuggets w/ WG breading
Ranch , BBQ Sauce & Baked beans
Fruit & Veggies Fresh and canned
1% Milk, FF chocolate
Or Vegetarian Option

March 12
WG Cheese filled Bread Stick & Soup
Burger On WW Bun
Fruit & Vegetables Fresh & canned
1% Milk, FF chocolate
Or Vegetarian Option

March 13
BIG DADDY'S ASSORTED PIZZA
Fruit & Vegetables Fresh and canned
1% Milk, FF chocolate
Or Vegetarian Option

March 14
Orange Chicken over Rice
Hot (Turkey Ham) & Cheese WW bagel
Fruit & Vegetables Fresh & canned
1% Milk, FF chocolate
Or Vegetarian Option

March 15
Sloppy Joe On WW Bun
Fishwich w/cheese on WW Bun
Fruit & Veggies Fresh and canned
1% Milk, FF chocolate
Or Vegetarian Option

March 18
WG Corndog Baked
Chicken Nuggets w/ WG breading
Ranch , BBQ Sauce & Baked beans
Fruit & Vegetables Fresh & canned
1% Milk, FF chocolate
Or Vegetarian Option

March 19
Macho Nachos
Burger On WW Bun
Fruit & Veggies Fresh and canned
1% Milk, FF chocolate
Or Vegetarian Option

March 20
BIG DADDY'S ASSORTED PIZZA
Fruit & Vegetables Fresh and canned
1% Milk, FF chocolate
Or Vegetarian Option

March 21
Teriyaki Beef dippers with Rice
WW Pizza Hot Pocket
Fruit & Veggies Fresh and canned
1% Milk, FF chocolate
Or Vegetarian Option

March 22
Cheese Ravioli with Garlic breadstick
Fishwich w/cheese on WW Bun
Fruit & Veggies Fresh and canned
1% Milk, FF chocolate
Or Vegetarian Option

March 25
Deep Dish Pizza
Chicken Nuggets w/ WG breading
Ranch , BBQ Sauce & Baked beans
Fruit & Veggies Fresh and canned
1% Milk, FF chocolate
Or Vegetarian Option

March 26
Cheese Omelet
Wg Fish Sandwich, Wg bun
Baked Hash brown Nuggets, Biscuit
Fruit & Vegetables Fresh &canned
1% Milk, FF chocolate
Or Vegetarian Option

March 27
BIG DADDY'S ASSORTED PIZZA
Fruit & Vegetables Fresh and canned
1% Milk, FF chocolate
Or Vegetarian Option

March 28
Sweet n Sour Chicken & rice
Turkey & Cheese WW Hoagie
Fruit & Vegetables Fresh & canned
1% Milk, FF chocolate
Or Vegetarian Option

March 29
WG mac n cheese WG roll
Chicken Burgers W/ WG Bun
Fruit & Veggies Fresh and canned
1% Milk, FF chocolate
Or Vegetarian Option

Vegetarian Option
1 Yogurt and 1 Cheese Stick
Fruit and Vegetable of the Day,
Bread and Milk

Families who meet federal income eligibility standards may apply for breakfast and lunch at a reduced price or at no cost.
Applications are available in each school or on the webpage under Food Service Department.
Students have the opportunity to pre-pay for the meals they purchase from the cafeterias.
Parents can send cash or a check (made payable to Stanwood-Camano School District or going through Family Access and selecting Food Service to make payment online).
Children paying with cash or checks must hand the payment to the cashiers in the cafeteria.
Money received is placed on your child's dining account and as meals and other food items are purchased, the cost will be appropriately deducted.
Please include your child's name and account pin number on all correspondence and payments.
This institution is an equal opportunity provider

Breakfast Prices		Lunch Prices	
Kindergarten– 5 th Grade	\$ 1.50	Kindergarten – 5 th Grade	\$ 3.00
6 th Grade – 12 th Grade	\$ 1.75	6 th Grade – 12 th Grade	\$ 3.25
Adult	\$ 2.25	Adult	\$ 4.25
Reduced Price Breakfast	\$.00	Reduced Price Lunch	\$.40
Milk	\$.50	K-3 rd Grade Reduced	\$.00
		Milk	\$.50