

UNITED STATES BAKERY

51% WWW CL

HAMS

62851

FSA# 736636

WHOLE GRAIN WHEAT FLOUR  
ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR,  
MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN  
MONONITRATE, RIBOFLAVIN AND FOLIC ACID)

WATER  
YEAST  
VITAL WHEAT GLUTEN  
SUGAR

CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING:  
VEGETABLE OIL (CANOLA AND/OR SOY)  
SALT  
GUAR AND/OR XANTHAN GUM  
YEAST NUTRIENT (AMMONIUM SULFATE)  
DOUGH CONDITIONERS (MONO-DIGLYCERIDES, SODIUM  
STEAROYL LACTYLATE, ASCORBIC ACID,  
AZODICARBONAMIDE, MONOCALCIUM PHOSPHATE)  
CALCIUM PROPIONATE (MOLD INHIBITOR)  
CALCIUM SULFATE  
ENZYMES

EFFECTIVE: March 15, 2012

04/05/2012 62851

## Nutrition Facts

Serving Size 1 BUN (51g)  
 Servings Per Container 8

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Amount Per Serving

**Calories 120** Calories from Fat 10

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	% Daily Value*
<b>Total Fat</b> 1g	<b>2%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 170mg	<b>7%</b>
<b>Total Carbohydrate</b> 22g	<b>7%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 2g	
<b>Protein</b> 6g	
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Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 8%
Thiamin 10%	• Riboflavin 6%
Niacin 8%	• Folate 6%

\*Percent Daily Values are based on a diet of 2,000 calories a day. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		35g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4