

Pilgrim's Pride

Homestyle Breaded Chicken Nuggets

6143
W210

INGREDIENTS: Chicken, Water, Isolated Soy Protein Product Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. **Breaded With:** Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Salt, Sugar, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Dextrose Garlic Powder, Soybean Oil, [Extractives of Paprika. **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Sugar, Salt, Onion Powder, Leavening (Calcium Acid Pyrophosphate, Sodium Bicarbonate Monocalcium Phosphate), Garlic Powder, Chicken Broth Dextrose, Yeast Extract, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid, Soybean Oil, Natural and Artificial Flavors, Lactic Acid, Extractives of Paprika.

CONTAINS EGG, MILK, SOY, AND WHEAT

Nutrition Facts			
Serving Size 2.65 oz (5 Nuggets)			
Servings Per Container (180)			
Amount Per Serving (5 nuggets)			
Calories	170		
	Value		
Total Fat	8g		
Saturated Fat	2g		
Trans Fat	0g		
Cholesterol	50mg		
Sodium	367mg		
Total Carbohydrate	9g		
Dietary Fiber	1g		
Sugars	0g		
Protein	15g		
Whole Grain	9g		
Vitamin A	127 IU	Vitamin C	1mg
Calcium	22mg	Iron	mg

NET WEIGHT: 30 Pounds

COUNT: 180/2.65 oz. Portions

Five nuggets (2.65 oz) of Homestyle Breaded Chicken Nuggets provides 2 meat/meat alternate and 0.50 grain equivalent for the child nutrition meal pattern requirements.

Heating instructions from frozen: Conventional oven for 10-14 minutes at 350°F or convection oven for 8-10 minutes at 350°F.

Appliances vary, adjust cook times accordingly.