

FSA # 1247



**Upstate Farms - Yogurt - Nonfat - Fortified - Vanilla Reduced Sugar - Blended ( 5 lb. )**

<b>Nutrition Facts</b>	
Serving Size 8 oz(227g)	
Servings Per Container 10	
Amount Per Serving	
<b>Calories 180</b>	<b>Calories From Fat 0</b>
<b>% Daily Value *</b>	
<b>Total Fat 0g</b>	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 150mg</b>	<b>6%</b>
<b>Total Carbohydrate 39g</b>	<b>13%</b>
<b>Potassium 280mg</b>	<b>8%</b>
Dietary Fiber 0g	0%
Sugars 33g	
<b>Protein 6g</b>	<b>12%</b>
Vitamin A 0% ● Vitamin C 2%	
Calcium 60% ● Iron 0%	
Vitamin D 40% ●	
<b>*Percent Daily Values are based on a 2,000 calorie diet.</b>	

**INGREDIENTS**

Cultured Pasteurized Grade A Nonfat Milk,  
Sugar,  
Water,  
Modified Corn Starch,  
Whey,  
Natural Flavors,  
Tricalcium Phosphate,  
Gellan Gum,  
Potassium Sorbate(For freshness),  
Citric Acid,  
Vitamin D<sub>3</sub>